

# Overcoming Relationship Anxiety

A Personal Approach to Understanding Your Emotions, Building Your Self-Confidence, and Creating a Healthy, Secure Partnership

**Dr. Courtney Paré**

## BOOK DESCRIPTION

**Understand your anxiety and its causes, develop new coping skills, and build the healthy, strong, and supportive relationship you've always dreamed of with the help of this guide to overcoming relationship anxiety.**

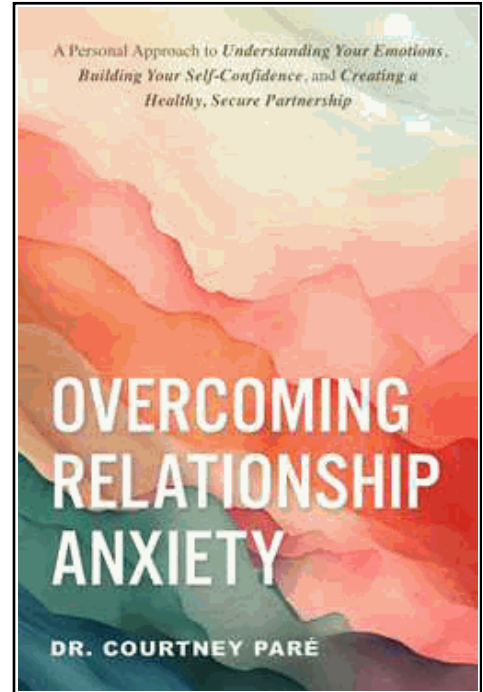
From constant overthinking and doubt to self-sabotaging your relationships, you've recognized that you're experiencing relationship anxiety. But, now what?

It's time to take the next steps to understanding and healing your relationship anxiety. With *Overcoming Relationship Anxiety*, you'll learn more about what relationship anxiety is and what can cause it, as well as how it can negatively impact the long-term health of your relationship. Then, it's time to build your personalized path to healing yourself *and* your relationships. You'll learn new strategies for coping with the symptoms of relationship anxiety, develop new skills and behaviors to overcome those old, unhelpful habits, and strengthen your connection with your partner.

As you work to let go of the anxiety that's been holding you and your relationship back, you'll also learn to build your own self-esteem and confidence and prioritize a healthy connection, open communication, and a supportive relationship with your partner. It's time to create the partnership you've always wanted with the help of *Overcoming Relationship Anxiety*.

## AUTHOR BIO

Dr. Courtney Paré is a licensed naturopathic doctor, holistic anxiety coach, and inspiring speaker. With a doctorate in naturopathic medicine from Southwest College of Naturopathic Medicine and additional training in relational life therapy and trauma informed care, Courtney combines conventional and alternative approaches to empower those facing anxiety and OCD. She is dedicated to helping individuals experience greater peace and confidence in their lives and relationships through compassionate, action-oriented, and holistically minded coaching. Courtney's work has been featured in outlets such as *Well+Good*, *HuffPost*, and *The Mighty*. Learn more about Courtney and her transformative work at [DrCourtneyPare.com](http://DrCourtneyPare.com).



## PAPERBACK

**On Sale: 12/10/24**

**Adams Media**

**9781507222683**

Self-Help

First Print: 60,000

5 1/2 x 8 7/16, 240 pages

Carton quantity: 40

\$17.99 (US) / \$24.99 (CAN)

## AUTHOR HOMETOWN

Courtney Paré/St.

Petersburg/Florida

## OTHER FORMATS

eBook: 9781507222690, \$11.99

# 52 Ways to Live a Kick-Ass Life!

BS-Free Wisdom to Ignite Your Inner Badass and Live the Life You Deserve  
Andrea Owen, CPCC

## BOOK DESCRIPTION

An (updated) kick in the ass for women everywhere from podcaster, life coach, author, and self-proclaimed hell-raiser Andrea Owen, this collection of revised challenges will help you discover your inner badass and create the happy life you've always wanted.

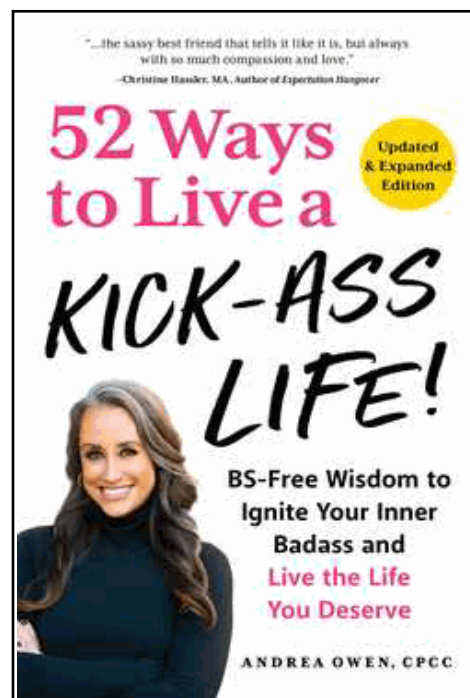
Like many women, Andrea Owen always lived life on the sidelines, watching each day pass by without ever catching a glimpse of the happiness she yearned for—until the day she had enough. She realized that she had to take action and step out of the box she had created for herself if she really wanted the best life possible. And now, as a celebrated life coach, she shows thousands of women how to take the reins, create an actionable plan for their goals, and finally reach their full potential.

In this powerful revised and updated edition, Owen guides you through her acclaimed strategies for creating a more fulfilling life. Each goal-oriented lesson empowers you to take control of the barriers that keep you from achieving the love and success you desire. From breaking the unrewarding cycle of people pleasing to dealing with unsupportive friends, this book approaches the problems you face with a candid look at why you aren't satisfied—and how to fix it. Owen's life-changing wisdom helps you uncover your self-limiting beliefs as well as push you out of your comfort zone by zeroing in on the most difficult issues. Never one to sugarcoat the truth, she holds you accountable for your actions while offering expert advice for knocking down that cynical inner-voice and loving yourself wholeheartedly.

Now with updated advice and challenges to wrap up each chapter, Andrea is more focused than ever on making changing your life as accessible and manageable as possible. With *52 Ways to Live a Kick-Ass Life*, you will shut off your inner autopilot, kick empty expectations to the curb, and live a bigger, gutsier life.

## AUTHOR BIO

Andrea Owen is an author, global keynote speaker, and professional certified life coach who helps high-achieving women maximize unshakeable confidence, master their mindset, and magnify their courage. She is the proud author of *How to Stop Feeling Like Sh\*t*, *Make Some Noise*, and *52 Ways to Live a Kick-Ass Life* and her books have been translated into nineteen languages. She's taught hundreds of thousands of women tools and strategies to be able to empower themselves to live their most kick-ass life through keynote speaking, her books, coaching, and her wildly popular podcast. When she's not juggling her full coaching practice or writing books, Andrea is busy working out or spending time with her two teenagers. Learn more about Andrea at [AndreaOwen.com](http://AndreaOwen.com).



## PAPERBACK

On Sale: 12/03/24

Adams Media

9781507222867

Self-Help

First Print: 75,000

5 1/2 x 8 7/16, 240 pages

Carton quantity: 40

\$17.99 (US) / \$24.99 (CAN)

## AUTHOR HOMETOWN

Andrea Owen/Harrisville/Utah

## OTHER FORMATS

eBook: 9781507222874, \$11.99

# Shadow Work for Hot Messes

Transform from Chaos to Clarity by Embracing Your Authentic Self

**Mandi Em**

## BOOK DESCRIPTION

It's the next evolution of shadow work as only Mandi Em can deliver it. With introspective exercises and relatable guidance, this one-of-a-kind workbook helps you do the work to become a happier, healthier, and more empowered hot mess.

Take yourself from hot mess to a happier, more empowered hot mess who is in touch with their shadow self with this powerful new workbook from Mandi Em, the unhinged author behind *Witchcraft Therapy*, *Happy Witch*, and *Feral Self-Care*.

With shadow work prompts, activities, fill-in-the-blanks, and other messy guidance throughout, this book is intended to provide fun and sassy direction to folks looking to reconnect with themselves and pursue their own healing journey for maximum wellness. The tone of this book is like having a BFF right by your side, helping you swerve around the BS and yanking you back to your core to connect with your own inner shadow, to find healing and live your best life.

## AUTHOR BIO

Mandi Em is a humorist, author, and chaotic wellness witch. She's the author of *Witchcraft Therapy*, and she shares funny, approachable self-help guidance on her blog and social channels for *Healing for Hot Messes* and resources for nonreligious witches over at *The Secular Witch*. Her writing has been featured in *The New York Times*, *HuffPost*, *SheKnows*, *Refinery29*, *McSweeneys*, and more. She and her husband are born-again hippies raising their three children in beautiful Vernon, BC, in Canada.



## PAPERBACK

**On Sale: 10/15/24**

**Adams Media**

**9781507222997**

Self-Help

First Print: 60,000

6 x 9, 224 pages

Carton quantity: 24

\$17.99 (US) / \$24.99 (CAN)

## AUTHOR HOMETOWN

Mandi Em / Vernon / BC / Canada

## OTHER FORMATS

eBook: 9781507223031, \$11.99

# I Do

## A Planner for Your Perfect Wedding Day Shelly Hagen

### BOOK DESCRIPTION

**Plan your dream wedding with this beautiful yet practical wedding organizer that helps you stay on budget, never miss a step, create your perfect day, and remember those magical moments with your partner for a lifetime.**

Plan the wedding of your dreams with ease! From finding the right venue to picking the perfect dress to keeping track of a seemingly endless list of phone numbers and email addresses, planning your dream wedding can be overwhelming. *I Do: A Planner for Your Perfect Wedding Day* is the solution to staying organized, stress-free, and never missing a thing.

In this planner, you'll find dozens of worksheets, checklists, charts, and more to help you keep track of everything you need to know for your special day. You'll also find expert advice to help you make those many (many!) decisions feel as easy as possible.

-Wondering how to keep your vendors information and payment organized? There's a worksheet for that!

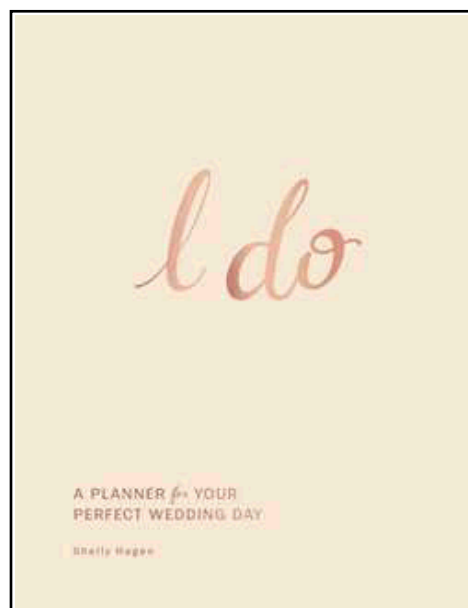
-Not sure what you need to get your marriage license? There's a checklist for that!

-Trying to decide how to get the most out of social media when it comes to planning? There's advice for that!

Work together with your soon-to-be spouse to make decisions, plan your special day, and create an incredible keepsake to remember your wedding planning experience together. No matter your challenge or question, this convenient organizer is an irreplaceable tool to make planning your dream wedding a breeze.

### AUTHOR BIO

Shelly Hagen is a freelance writer and editor. She is the author of numerous wedding books for the Everything series, including *The Everything Wedding Book, Third Edition*. She is a graduate of Empire State College. Shelly lives in New York.



### HARDCOVER

**On Sale: 12/03/24**

**Adams Media**

**9781507222478**

Reference

First Print: 50,000

6 x 8, 240 pages

Carton quantity: 24

\$17.99 (US) / \$24.99 (CAN)

### AUTHOR HOMETOWN

Shelly Hagen/Saratoga

Springs/New York

### OTHER FORMATS

eAudio: 9781668109557, \$24.99

# The Green Witch Illustrated

An Enchanting Immersion Into the Magic of Natural Witchcraft  
Arin Murphy-Hiscock; Illustrated by Sara Richard

## BOOK DESCRIPTION

Behold the spellbinding beauty of the green witch with this lavishly illustrated edition of the bestselling *The Green Witch* perfectly complementing and honoring the magical guidance practitioners have come to cherish.

A gorgeous way to celebrate and honor green witchcraft, *The Green Witch Illustrated* breathes beautiful new life into the powerful guidance, spells, and rituals of bestselling author Arin Murphy-Hiscock.

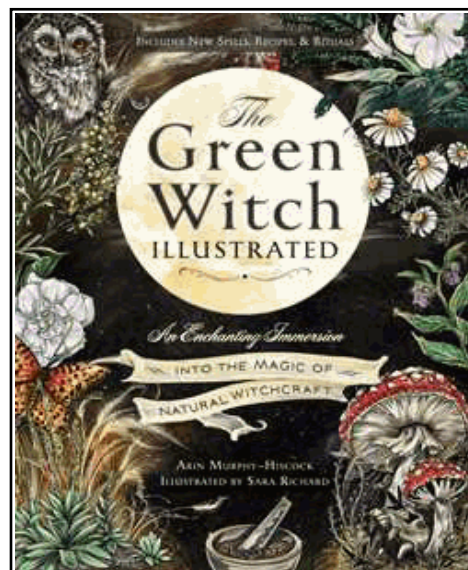
Lavishly illustrated by award-winning artist Sara Richard, this new tome will become a showpiece in every practitioner's home, whether it's close to the hearth, upon their altar, or displayed for all to enjoy its enchanting beauty. Flip through its detailed pages and land upon magical advice on how to attune yourself with nature, raise your own green witch's garden, or manifest the powers of the season. With spells and rituals exclusive to this expanded edition, everyone can fall in love and discover something new and bewitching.

*The Green Witch Illustrated* paints a stunning new path for the green witch to follow.

## AUTHOR BIO

Arin Murphy-Hiscock is the author of *The Green Witch's Grimoire*, *Spellcrafting*, *The Pregnant Goddess*, *Wicca*, *The Green Witch*, *The Way of the Hedge Witch*, *House Witch*, *The Witch's Book of Self-Care*, *Pagan Pregnancy*, *Solitary Wicca for Life*, and *The Hidden Meaning of Birds—A Spiritual Field Guide*. She has been active in the field of alternative spirituality for over twenty years and lives in Montreal, Canada.

Sara Richard is an Eisner and Ringo Award–nominated artist from New Hampshire whose work has been printed in *Vanity Fair*, *British Vogue*, and other publications. Her art is inspired by Art Nouveau, Art Deco, funerary imagery, and the natural world. Her creations tend to skew into the macabre and unknown with a balance of sweetness and sentimentality, honoring the Victorian-era theme of Memento Mori. As a native of New Hampshire, Sara grew up surrounded by trees and plenty of wild mushrooms. When not making art or writing, she's watching horror movies, cleaning forgotten gravestones with her mom, and collecting possibly haunted curiosities from the 19th century. Her online gallery can be found at [SaraRichard.com](http://SaraRichard.com).



## HARDCOVER

On Sale: 11/26/24

Adams Media

9781507223192

Body, Mind & Spirit

First Print: 75,000

8 x 10, 256 pages

Carton quantity: 24

\$29.99 (US) / \$39.99 (CAN)

## AUTHOR HOMETOWN

Arin Murphy-Hiscock / Montreal / Canada

## OTHER FORMATS

eAudio: 9781668115435, \$24.99

eBook: 9781507223208, \$14.99

# The Green Witch's Sticker Book

600 Enchanting Stickers Inspired by Green Magic

**Arin Murphy-Hiscock, Author of *The Green Witch*. Illustrated by Sara Richard**

## BOOK DESCRIPTION

The power of the green witch meets the popularity of stickers with this lovely collection of decals that practitioners can apply to their grimoires, journals, and anywhere else they'd love to leave a touch of natural magic.

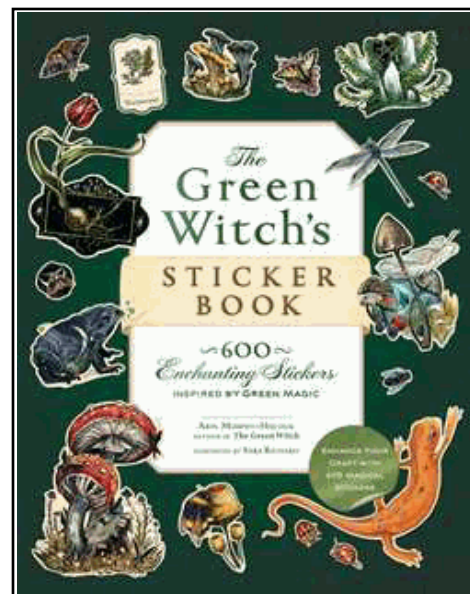
Lush plant life, mysterious mushrooms, vibrant flowers, enchanting potions, and more magical items are available to personalize, customize, and transform anything and everything with *The Green Witch's Sticker Book*.

This collection of stickers allows you to add a magical touch to every element of your life. Whether you want to use the stickers in your witchcraft by adding them to your grimoire, decorate the planters in your green witch's garden, or add a special touch to written communications with friends, *The Green Witch's Sticker Book* provides hundreds of individual illustrations that can be lifted and applied wherever you would like.

Leave an enchanting impression of natural magic and beauty with *The Green Witch's Sticker Book*.

## AUTHOR BIO

Arin Murphy-Hiscock is the author of *The Green Witch's Grimoire*, *Spellcrafting*, *The Pregnant Goddess*, *Wicca*, *The Green Witch*, *The Way of the Hedge Witch*, *House Witch*, *The Witch's Book of Self-Care*, *Pagan Pregnancy*, *Solitary Wicca for Life*, and *The Hidden Meaning of Birds—A Spiritual Field Guide*. She has been active in the field of alternative spirituality for over twenty years and lives in Montreal, Canada.



## PAPERBACK

**On Sale: 09/17/24**

**Adams Media**

**9781507222942**

Games & Activities

First Print: 75,000

6 1/2 x 8 1/2, 144 pages

Carton quantity: 24

\$16.99 (US) / \$22.99 (CAN)

## AUTHOR HOMETOWN

Arin Murphy-Hiscock / Montreal, Canada

Sara Richard / New London / NH

# The Extreme Horror Sticker Book

500+ Stickers to Keep You Up at Night

Illustrated by Andy Price

## BOOK DESCRIPTION

Horror has never been hotter and this collection kills it by combining the genre with a sticker book featuring creepy monsters, haunted objects, all the gore, and more!

Frightening eyes. Creepy clowns. Menacing skulls. And plenty of blood...it's a killer collection of everything that makes a good scary story—but as stickers! The horror genre gets the sticker treatment with *The Extreme Horror Sticker Book*. With more than 500 stickers, fans of things that go bump in the night will be able to show off their darker side all day long.

Put a poltergeist on a phone case, fangs on a planter, or splatter a laptop with blood. It's up to the horror buff how to display their love for the macabre. Whether they're fans of old-school monster films or modern slashers, enjoy a classic tale or stay up all night reading the genre's latest bestseller, they'll find exactly what they want to celebrate their fandom.

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## AUTHOR BIO

Andy Price is an American comic artist and creator of *The Cryptid Creatures Coloring Book*.

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## PAPERBACK

On Sale: 08/13/24

Adams Media

9781507222522

Games & Activities

First Print: 75,000

6 1/2 x 8 1/2, 128 pages

Carton quantity: 40

\$15.99 (US) / \$21.99 (CAN)

## AUTHOR HOMETOWN

Andy Price / Maumelle / Arkansas

# The Creepy Cute Sticker Book

500+ Stickers to Scare You Silly

Gaynor Carradice

## BOOK DESCRIPTION

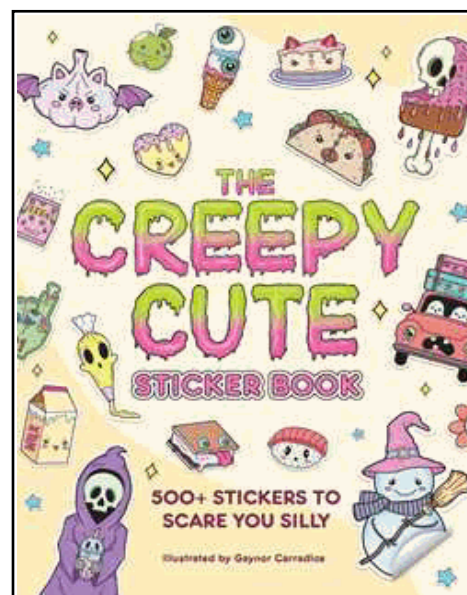
They're creepy! They're cute! And they're about to be stuck everywhere! *The Creepy Cute Sticker Book* is filled with 500 stickers that are sinister yet sweet, so get ready to get creepy (and cute!) with stickers that celebrate all things adorably dark all year round!

Forget black on black on black: the goth aesthetic has expanded to include bright colors, pastels, and cute twists on a traditionally macabre mode of expressing yourself. *The Creepy Cute Sticker Book* takes a page from that evolution by providing 500 spooky, silly, cute, and fun twists on seasonal imagery so you can channel your inner Wednesday Addams while stickering your notebooks, water bottles, coffins, and more.

Celebrate with springtime cemetery scenes, ice cream cones with skulls and crossbones, and snowmen covered in spiders with the perfect mash-up sticker book that's sure to please even the most tortured soul.

## AUTHOR BIO

Gaynor Carradice is a graphic designer and the creator of *The Creepy Cute Goth Coloring Book* and *The Creepy Cute Love Coloring Book*.



## PAPERBACK

On Sale: 07/23/24

Adams Media

9781507222515

Games & Activities

First Print: 75,000

6 1/2 x 8 1/2, 128 pages

Carton quantity: 34

\$14.99 (US) / \$19.99 (CAN)

## AUTHOR HOMETOWN

Gaynor Carradice / Blackburn,  
Lancashire / United Kingdom



# Disaster Survival 101

The Essential Guide to Preparing for—and Surviving—Any Emergency Scenario  
Creek Stewart

## BOOK DESCRIPTION

Be prepared for any disaster and put your mind at ease with this step-by-step plan for surviving natural disasters, technological and grid failures, attacks, hazards, and more including sheltering in place or evacuating as conditions dictate.

Are you prepared for a widespread electrical grid failure? What would you do if there was a sudden tornado warning? Will you be ready when disaster strikes?

In *Disaster Survival 101*, survival expert and bestselling author Creek Stewart cuts through the panic and fear emergency situations can create so you can ensure all safety measures are in place should you ever need them.

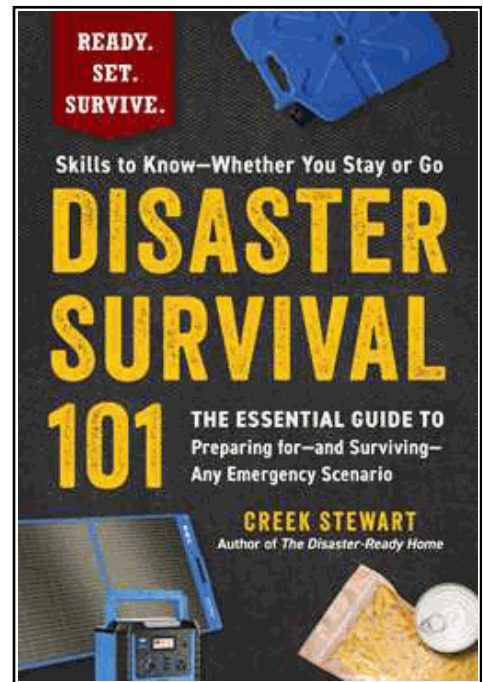
In this guide, you'll learn how to understand disaster preparedness and develop a prepared mindset that will help you make important, well-informed decisions in an emergency. With detailed chapters on food storage, water sourcing, heating, power generation, first aid, and an overview of self-sufficient living so you'll be fully prepared to shelter in place at your home. And with evacuation chapters that explain what to take, where to go, and how to get there safely you'll be well prepared with a plan for any kind of emergency.

You'll also find step-by-step plans that help you take action and survive when caught in the midst of more than twenty likely emergency scenarios including natural disasters, physical safety threats, technology and grid failures; and other emergencies including pandemics and nuclear, biological, and chemical threats. Organized by scenario, each entry gives an overview of the situation, a checklist of immediate actions to take to ensure safety, and checklists to assess whether to shelter-in-place or evacuate and how to successfully execute either decision.

When every moment and decision counts, you will be ready with *Disaster Survival 101*.

## AUTHOR BIO

Creek Stewart is an expert survival instructor and the author of *Survival Hacks* and the bestselling Build the Perfect Bug Out series of books. Creek is the in-house and on-camera Survival Expert for The Weather Channel and hosts *Could You Survive? with Creek Stewart* on the network. Creek has been featured as a guest expert in numerous media outlets including, the *Today* show, *Fox & Friends*, *The Doctors*, *Men's Fitness*, *Backpacker*, and *Outdoor Life*. Creek is the owner and founder of Willow Haven Outdoor Survival Training School, located in Central Indiana, and APOCABOX, a bimonthly survival subscription box that ships to thousands of loyal subscribers every other month.



## PAPERBACK

On Sale: 12/03/24

Adams Media

9781507223079

Self-Help

First Print: 75,000

6 x 9, 256 pages

Carton quantity: 24

\$18.99 (US) / \$25.99 (CAN)

## AUTHOR HOMETOWN

Creek Stewart / Carmel / Indiana

## OTHER FORMATS

eBook: 9781507223086, \$11.99

# Day Trading 101, 2nd Edition

From Understanding Risk Management and Creating Trade Plans to Recognizing Market Patterns and Using Automated Software, an Essential Primer in Modern Day Trading

Joe Duarte

## BOOK DESCRIPTION

**An updated and refreshed guide to day trading, with prescriptive information and actionable advice to help you achieve financial success.**

It may seem that day trading is only for savvy investors who know the ins and outs of the marketplace—but it doesn't have to be. All it takes is the right information and staying on top of the market.

*Day Trading 101, 2nd Edition*, simplifies all the terms, strategies, and processes involved in day trading, helping even the most novice investor find financial success. With updated information on trading patterns, mastering trading options, keeping tabs on the market, establishing strategies to make the most profit, and understanding trading lingo, this guide can get you on track to becoming a smart investor. Full of expert advice on the best paths to trading success, *Day Trading 101* leaves no stone unturned, and no trading option undiscovered.

## AUTHOR BIO

Joe Duarte is a market analyst, trader, investor, and money manager. One of CNBC's original Market Mavens, Dr. Duarte has been writing about and analyzing global events since 1990. His articles and commentary have been featured on Marketwatch.com, *Barron's*, *Smart Money*, *Medical Economics*, and more. Dr. Duarte is a board-certified anesthesiologist, and former President of River Willow Capital Management where he managed individual accounts. His combined expertise in health care, energy, and the effects of politics and global intelligence on the financial markets have offered a unique blend of insight and information to thousands of active investors around the world on a daily basis, and he has been quoted in the major media, including CNBC, *The Wall Street Journal*, Associated Press, and CNN.com.



## HARDCOVER

On Sale: 10/08/24

Adams Media

9781507222362

Business & Economics

First Print: 75,000

5 1/4 x 7 1/8, 256 pages

Carton quantity: 24

\$16.99 (US) / \$22.99 (CAN)

## AUTHOR HOMETOWN

Joe Duarte / Dallas / Texas

## OTHER FORMATS

eAudio: 9781668108956, \$24.99

eBook: 9781507222379, \$10.99

# AI for Small Business

From Marketing and Sales to HR and Operations, How to Employ the Power of Artificial Intelligence for Small Business Success

**Phil Pallen**

## BOOK DESCRIPTION

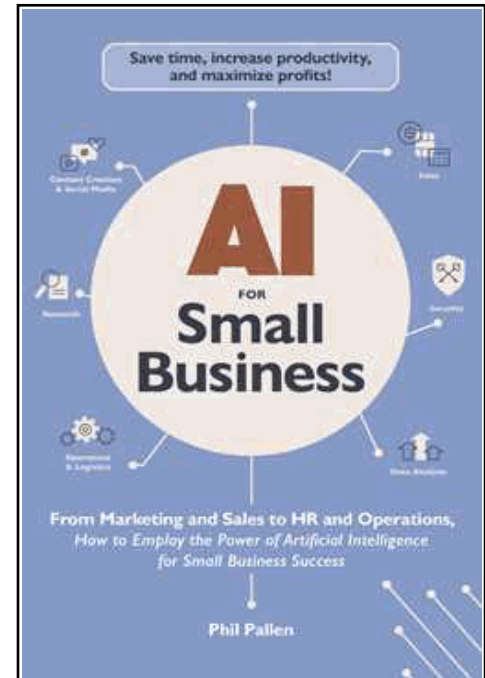
**An essential guide for small business owners and entrepreneurs looking to use artificial intelligence to automate tasks, improve customer service, make better decisions, grow their businesses faster, and stay ahead of the AI curve.**

ChatGPT, machine learning, automation, natural language processing. Every day, it seems like there is a new AI term to learn and a new promise of how it will improve your work. But with tons of conflicting information, small business owners are left wondering exactly how to leverage AI technology to grow and, more importantly, stay competitive with larger companies.

Cutting through the buzzwords and media frenzy, *AI for Small Business* is the road map to take you from overwhelmed to empowered. Opening with simple explanations of AI basics and clarification of myths, you are empowered to assess your goals to create a comprehensive AI strategy for your business—including information on selecting tools, a timeline for implementation, and ideas for scaling systems. This essential guide then walks you through practical AI applications for each department, informing you how to use AI to automate tasks, make better decisions, and grow your business in all areas including:

- Sales
- Marketing
- Social media and content creation
- Customer service
- Finance and accounting
- Operations and logistics
- Human resources and talent management
- Data analysis and decision-making
- Security and legal compliance
- R&D and innovation

Author Phil Pallen is a brand strategist who uses his AI expertise to help hundreds of businesses scale and grow profits. In *AI for Small Business*, case studies from Pallen's successful clients illustrate how real small business owners are applying AI technology in various ways. Plus, ready-to-try prompt sidebars and specific product recommendations allow you to start employing the power of AI in real time.



## PAPERBACK

**On Sale: 10/08/24**

**Adams Media**

**9781507222911**

Business & Economics

First Print: 50,000

6 x 9, 240 pages

Carton quantity: 24

\$17.99 (US) / \$24.99 (CAN)

## AUTHOR HOMETOWN

Phil Pallen - Davenport, FL

Phil Pallen is a brand and AI strategist who has helped hundreds of small companies scale their business. He is the author of *AI for Small Business*. Visit him online at [PhilPallen.co](http://PhilPallen.co) and on Instagram, TikTok, and X at [@PhilPallen](https://www.instagram.com/PhilPallen).

# US Constitution 101

From the Bill of Rights to the Judicial Branch, Everything You Need to Know about the Constitution of the United States

**Tom Richey and Peter Paccone**

## BOOK DESCRIPTION

**Understand the foundation, principles, and rights that govern the United States with this vital, unbiased, and comprehensive primer to the US Constitution.**

With the Constitution being invoked more and more in American politics, it's now more important than ever before that you understand the guiding principles and significance of the document that shaped American democracy.

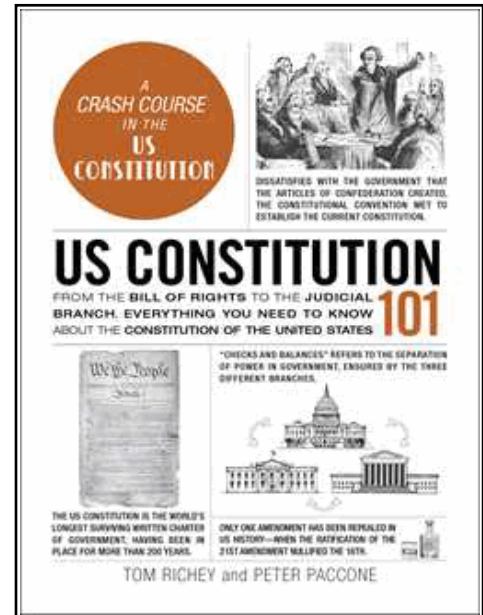
Written well over 200 years ago, the United States Constitution has endured the test of time and remains the document that defines federal law and policy in the United States. *US Constitution 101* explores the construction of the American government as it was laid out in the Constitution, delving into the rights and liberties granted and protected by the document through a detailed examination of each Article and Amendment. From the Preamble to the 27th Amendment, this primer is packed with information about the document that has defined the American political and judicial systems for more than two centuries.

So, whether you're looking for deeper knowledge about the rights and responsibilities of American citizenship, or just want to better understand the foundations of American democracy, *US Constitution 101* has all the answers—even the ones you didn't know you were looking for.

## AUTHOR BIO

Tom Richey is an AP US history and government teacher with fifteen years of experience, that seeks to provide a thorough education to as many people as possible regardless of the quality of education available to them through traditional means. Richey takes his love of US history beyond the classroom, by sharing video lectures on his very popular YouTube channel, providing educational and entertaining content to his more than 200,000 subscribers. Richey also partners with Marco Learning, a site that provides high-quality resources to more than 200,000 AP students.

Peter Paccone is a social studies teacher with more than thirty years of teaching experience. Aside from his teaching, Mr. Paccone is also a blogger, keynote speaker, podcast host, teacher-conference presenter, and TED-Ed lesson developer. Paccone's TED-Ed lessons "Why Is the Constitution So Hard to Amend?" and "How Do US Supreme Court Justices Get Appointed?" have gained popularity on YouTube. Paccone also serves on several teacher advisory committees (iCivics, WGBH, Council of Foreign Relations, and KQED in particular).



## HARDCOVER

**On Sale: 09/17/24**

**Adams Media**

**9781507223017**

Political Science

First Print: 60,000

5 1/4 x 7 1/8, 272 pages

Carton quantity: 24

\$16.99 (US) / \$22.99 (CAN)

## AUTHOR HOMETOWN

Tom Richey/Anderson/South Carolina

Peter Paccone/Playa Del Rey/California

## OTHER FORMATS

eAudio: 9781668113516, \$24.99

eBook: 9781507223024, \$10.99

# Pickleball

## Match Tracker

Trey Sizemore

### BOOK DESCRIPTION

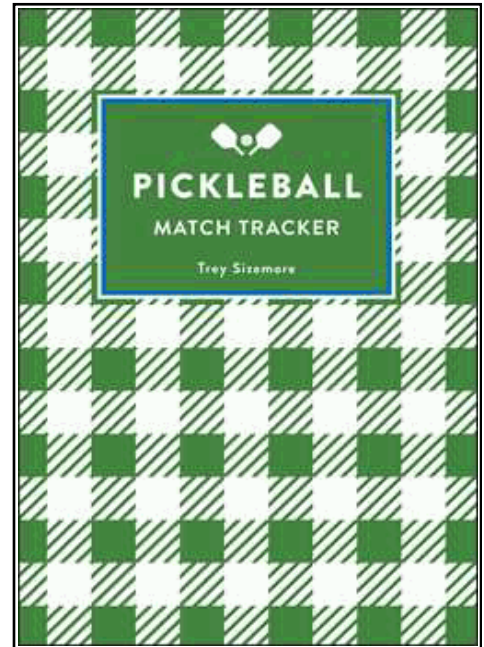
**Capture the hits and misses of your latest pickleball match in style with this perfect match tracker for picklers everywhere.**

Whether you are working on your dink or fine tuning your lobs, *Pickleball: Match Tracker* is a logbook made for helping you become the best pickleball player you can be! This progress tracker and logbook allows you to keep notes on your games, recording your successes, goals, and areas you want to work on, along with scores and any other important info. Rate your skills after every game and get a holistic view of your mental game, endurance, teamwork, and more. This is a one-stop shop to chronicle the evolution of your pickleball game.

Guided by *Pickleball Hut* founder and avid pickleballer, Trey Sizemore, you will also find basic information on the rules of pickleball, a glossary of terms, the history of pickleball, what kinds of equipment you'll need, and much more! Whether you're a seasoned pro or just starting, *Pickleball: Match Tracker* is your secret weapon. Join the pickleball revolution, grab your journal, and let the games begin.

### AUTHOR BIO

Trey Sizemore is an avid pickleball player and coach who resides in Fernandina Beach, Florida. Since discovering the game of pickleball in 2017, he has become a driving force behind initiatives to bring pickleball to more players and help to elevate their games. He is the founder of the World Pickleball Summit, a groundbreaking online event bringing together top tier pickleball professionals and coaches. The summit is a hub of knowledge, offering enthusiasts a unique opportunity to refine their skills through expert-led instruction. At the heart of Trey's commitment to player development is his brainchild, *Pickleball Hut*. The site serves as a digital haven for pickleball players seeking improvement, hosting podcasts, and providing invaluable online tips. Finally, he has partnered with esteemed pickleball player and coach Helle Sparre to bring her proven Dynamite Doubles strategies to pickleball players everywhere via the online courses Dynamite Doubles for Pickleball, Kitchen Domination, and the Dynamite Doubles Certified Coaching program.



### PAPERBACK

**On Sale: 04/30/24**

**Adams Media**

**9781507223000**

Sports & Recreation

First Print: 60,000

5 1/4 x 7 1/2, 192 pages

Carton quantity: 40

\$15.99 (US) / \$21.99 (CAN)

### AUTHOR HOMETOWN

Trey Sizemore / Green Cove  
Springs, Florida

# Beginner Chess Puzzles

500 Practice Exercises to Take Your Game to the Next Level

**Martin Bennedik**

## BOOK DESCRIPTION

**Build new chess skills and practice key tactics with these 500 entertaining, beginner chess exercises so you can improve your game.**

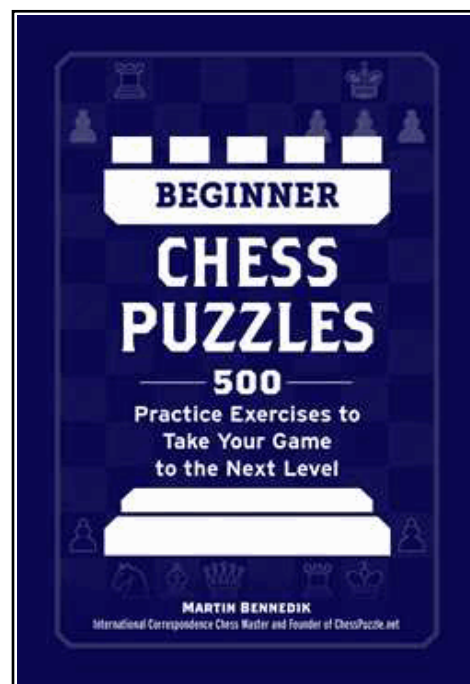
For new chess enthusiasts who are eager to practice and grow their skills, *Beginner Chess Puzzles* has hundreds of puzzles to up your game!

500 puzzles take you through all aspects of the game—from openings and middlegame strategies to endgame moves that will take you to checkmate. Including the basic rules and instructions on how to play the puzzles, *Beginner Chess Puzzles* takes you through all the must-know motifs with puzzles to practice each. “Workout” sections throughout include puzzles that practice any of the skills learned up to that point; without additional information, players must detect which motifs need to be deployed—much like an actual chess game.

Clear chessboard diagrams allow players to picture every puzzle, and the detailed answer key lets players check their work and ensure they come up with the best solution. Allowing new players to improve skills on their own, offline, and in a take-anywhere format, *Beginner Chess Puzzles* is the perfect gift for chess fanatics of any age.

## AUTHOR BIO

Martin Bennedik is an international correspondence chess master and the founder of ChessPuzzle.net. Since launching in 2016, ChessPuzzle.net has become one of the most popular sites for online chess. In addition to housing hundreds of thousands of chess puzzles with annotated solutions, the site offers a premium membership including Puzzle Academy wherein users receive customized training programs based on their tactical strengths and weaknesses. A chess club player and freelance .NET developer, Bennedik has also collaborated with chess grandmaster and world champion Magnus Carlsen on the popular puzzles and training app, Play Magnus. He lives in Frankfurt, Germany.



## PAPERBACK

**On Sale: 11/12/24**

**Adams Media**

**9781507223048**

Games & Activities

First Print: 45,000

6 x 9, 256 pages

Carton quantity: 24

\$16.99 (US) / \$22.99 (CAN)

## AUTHOR HOMETOWN

Martin Bennedik - Frankfurt,  
Germany

# Intermediate Chess Puzzles

500 Practice Exercises to Take Your Game to the Next Level

**Martin Bennedik**

## BOOK DESCRIPTION

**Build new chess skills and practice key tactics with these 500 entertaining, intermediate chess exercises for skilled chess players to improve their game.**

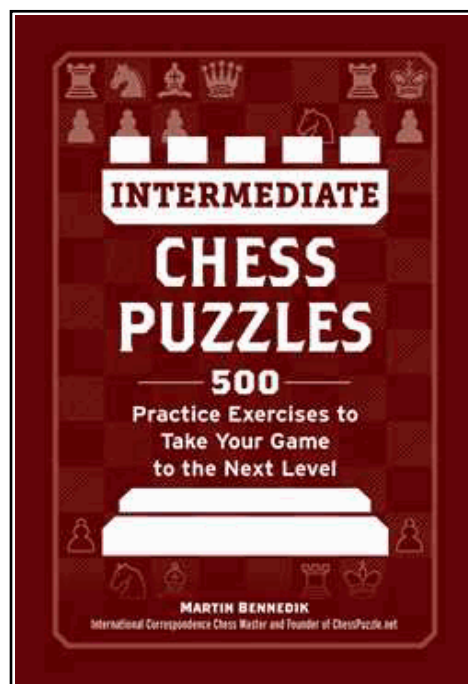
For practiced chess enthusiasts who are eager to grow their skills even further, *Intermediate Chess Puzzles* has hundreds of puzzles to up your game!

500 puzzles take you through all aspects of the game—from openings and middlegame strategies to endgame moves that will take you to checkmate. Opening material covers the basics of how to play the puzzles, then chapters take players through increasingly complex motifs with puzzles to practice any of the skills learned up to that point; without additional information, players must detect which motifs will need to be deployed—much like in an actual chess game.

Clear chess board diagrams allow you to picture every puzzle, and the detailed answer key lets players check their work and be sure they come up with the best solution. Allowing practiced players to further improve their skills on their own, offline, and in a take-anywhere format, *Intermediate Chess Puzzles* is the perfect gift for chess fanatics of any age!

## AUTHOR BIO

Martin Bennedik is an international correspondence chess master and the founder of ChessPuzzle.net. Since launching in 2016, ChessPuzzle.net has become one of the most popular sites for online chess. In addition to housing hundreds of thousands of chess puzzles with annotated solutions, the site offers a premium membership including Puzzle Academy wherein users receive customized training programs based on their tactical strengths and weaknesses. A chess club player and freelance .NET developer, Bennedik has also collaborated with chess grandmaster and world champion Magnus Carlsen on the popular puzzles and training app, Play Magnus. He lives in Frankfurt, Germany.



## PAPERBACK

**On Sale: 11/12/24**

**Adams Media**

**9781507223055**

Games & Activities

First Print: 45,000

6 x 9, 256 pages

Carton quantity: 24

\$16.99 (US) / \$22.99 (CAN)

## AUTHOR HOMETOWN

Martin Bennedik - Frankfurt,  
Germany

# The Düngeonmeister Book of RPG Trivia

400 Epic Questions to Quiz Your Friends—and Foes!

Jef Aldrich & Jon Taylor

## BOOK DESCRIPTION

Enjoy this all-new way to play on game night and between campaigns in this collection of 400 trivia questions all about your favorite RPGs that's fun or peruse solo or to quiz your friends between rounds.

Test your knowledge with *The Düngeonmeister Book of RPG Trivia*. With questions and interesting details about the history of tabletop gaming, your favorite game genres, and the media and video game connections you know and love, this new trivia book is sure to be a hit for seasoned gamers and newbies alike.

Featuring tons of questions to test your nerd cred, including:

**CHOOSE ONE:** In the popular Netflix series *Stranger Things*, the RPG-playing kids of the main cast routinely contextualize the monsters they encounter with famous creatures of D&D lore. Which of the following creatures have the not utilized as of season 4 as a name for a monster?

1. Vecna
2. Mind Flayer
3. Aboleth
4. Demogorgon

Answer: Aboleth

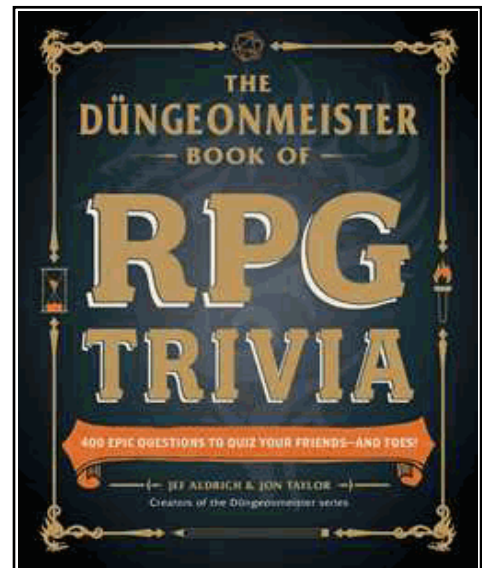
**TRUE OR FALSE?** Studded leather armor, a favorite of RPG thieves and rogues, is based on a misreading of historical text and never actually existed.

Answer: True

## AUTHOR BIO

Jef Aldrich is a professional podcaster from San Diego. Along with Jon Taylor, he has been building a podcast brand outside of the big network channels. Jef started entertaining people as a Sea World tour guide and eventually just started being funny for a living on his own. Jef is the coauthor of *Düngeonmeister*, *The Düngeonmeister Goblin Quest Coloring Book*, *The Düngeonmeister Cookbook*, and *Düngeonmeister: The Random Monster Generator*. He is also a cocreator and cohost of the *System Mastery* podcast with Jon where they review and comment on odd classic RPGs, poking fun at obscure stories and systems while taking the game for a spin.

Jon Taylor is a professional podcaster from San Diego. He has a degree in English Literature from UC Santa Cruz. He spent several years as a stand-up comic on the East Coast before moving back to Southern California. Jon is the coauthor of *Düngeonmeister*, *The Düngeonmeister Goblin Quest Coloring Book*, *The Düngeonmeister Cookbook*, *Düngeonmeister: The Deck of Many Drinks*, and *Düngeonmeister: The Random Monster Generator*.



## PAPERBACK

**On Sale: 09/24/24**

**Adams Media**

**9781507222805**

Games & Activities

First Print: 75,000

6 x 7 1/2, 240 pages

Carton quantity: 40

\$16.99 (US) / \$22.99 (CAN)

## AUTHOR HOMETOWN

Jef Aldrich / San Diego / CA Jon

Taylor / Santee / CA

## OTHER FORMATS

eBook: 9781507222812, \$11.99



# The Ultimate RPG Series Presents: Oh Captain, My Captain!

A Quick-Play Fantasy RPG

James D'Amato

## BOOK DESCRIPTION

Join the crew and sharpen your role-play skills with this all-new card game of open-ended questions to create an unforgettable story in just thirty minutes from popular podcaster and Ultimate RPG series author James D'Amato.

*Oh Captain, My Captain!* is a short form worldbuilding role-playing game (RPG) that explores heroism and the complicated relationships we have with people we admire. It's approachable for players who have never tried an RPG before and satisfying for players who have been gaming for years. It's also compact enough to tell unforgettable stories in just thirty minutes.

The game revolves around players drawing from a deck of cards with open-ended questions. Each question players answer helps them learn about their character, their world, their captain, and the complicated relationship they have with a living legend. Players use these answers to make connections between their stories leading up one of three final questions that end the game. Groups can change their final question based on the tone they desire for their experience.

The open-ended nature of the game allows players to explore any genre or story they can imagine, from a swashbuckling pirate adventure to a space opera with the starship crew, or the adventures of a high school football team or even a team of superheroes! No matter what story you want to tell, *Oh Captain, My Captain!* helps you create an exciting adventure to entertain your whole game group.

## AUTHOR BIO

James D'Amato is the author of The Ultimate RPG Series, cofounder of the One Shot Podcast Network, and host of the *One Shot* and *Campaign: Skyjacks* podcasts. He trained at Second City and iO in Chicago in the art of improvisational comedy: he now uses that education to introduce new people to role-playing, and incorporates improvisational storytelling techniques to create compelling and entertaining stories for RPG campaigns and one-shot adventures.



## FLASHCARDS

**On Sale: 09/24/24**

**Adams Media**

**9781507222829**

Games & Activities

First Print: 50,000

3 1/2 x 5, 94 pages

Carton quantity: 24

\$19.99 (US) / \$26.99 (CAN)

## AUTHOR HOMETOWN

James D'Amato / Chicago / IL

# Skip the Small Talk Card Deck

100+ Questions to Start Conversations That Actually Matter!

**Ashley Kirsner**

## BOOK DESCRIPTION

**Deepen existing bonds, start new friendships, and discuss the things that really matter most with this conversation card deck providing a fun and easy way to skip the small talk.**

At the nationwide events hosted by the company Skip the Small Talk, strangers come together to make connections through interpersonal conversations. Now, with *Skip the Small Talk Card Deck*, everyone can practice flexing their metaphorical “vulnerability muscle” directly with friends, loved ones, and acquaintances.

Founder and CEO Ashley Kirsner’s methodology, backed by her social and clinical psychology research, is summarized in a useful guidebook which sets up the science and ground rules of the approach. The 100 cards, each featuring a thought-provoking question, start conversations about the most important things in life—helping you form new friendships and deepen existing bonds.

Studies consistently prove that structured, vulnerable conversations reduce loneliness and social anxiety, encourage self-disclosure, improve mindfulness skills, and even lessen symptoms of depression. So, grab a friend (and maybe a snack!), turn off your phone, flip a card, and start turning small talk into big talk.

## AUTHOR BIO

Ashley Kirsner is the founder and director of Skip the Small Talk™, a social impact startup focused on combatting the loneliness epidemic through nationwide, in-person events. Skip the Small Talk™ events are based on Kirsner’s social and clinical psychology research at Cornell University, the Harvard Decision Science Lab, the Harvard Business School, the University of Miami, the Psychotherapy and Emotion Research Lab at Boston University, and McLean Hospital. The success of Kirsner’s events have been featured in *Forbes* and *The Boston Globe*, and on the *Today* show and NPR.



## FLASHCARDS

**On Sale: 03/19/24**

**Adams Media**

**9781507221976**

Self-Help

First Print: 60,000

3 1/2 x 5, 100 pages

Carton quantity: 36

\$18.99 (US) / \$25.99 (CAN)

## AUTHOR HOMETOWN

Ashley Kirsner / Boston /  
Massachusetts

# Why Does Santa Wear Red? Trivia Game

Test Your Knowledge of Christmas Trivia—Past and Present!

**Adams Media**

## BOOK DESCRIPTION

**Start a new holiday tradition that will have friends and family merrily competing to see who's the true holiday superfan with this entertaining deck of Christmas trivia.**

When did *A Charlie Brown Christmas* first air?

What magical item brought Frosty the Snowman to life in the iconic song?

Which country started the tradition of putting up a Christmas tree?

Where were the McAllister's headed on vacation in the original *Home Alone*?

And, of course, why does Santa wear red?

Create a new holiday tradition with friends and family as you test all your Christmas knowledge. Loaded with questions about holiday movies and music, classic and modern holiday lore, the history of Christmas decorations, and more, this Christmas trivia deck provides holiday entertainment that's perfect on the go or in front of a roaring fire.

This is the holiday gift that keeps giving, long after it has been unwrapped!

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## AUTHOR BIO

Adams Media, an imprint of Simon & Schuster, informs, instructs, and inspires readers across a variety of lifestyle categories by providing the content they're looking for, from the experts they follow and trust. From New Age to Personal Finance, Cooking to Self-Help, Adams Media researches, identifies, creates, and distributes accessible content with implicit discoverability.

Embodying a uniquely flexible "ground-up" publishing model, Adams Media navigates within or between consumer categories as market opportunity dictates. These are the books people are searching for.

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## FLASHCARDS

**On Sale: 10/22/24**

**Adams Media**

**9781507223215**

Games & Activities

First Print: 30,000

3 1/2 x 5, 102 pages

Carton quantity: 24

\$15.99 (US) / \$21.99 (CAN)

## AUTHOR HOMETOWN

Adams Media / Stoughton /

Massachusetts

# Venice

A Color-Your-Own Travel Journal

Evie Carrick; Illustrated by Emma Taylor

## BOOK DESCRIPTION

Color your way around the world as this travel-journal-meets-coloring-book guides you through the streets of Venice, featuring 30 expertly curated sites to learn about, color, and record whether you're already there, planning a trip, or dreaming about your next adventure.

Grab your colored pencils—and get ready to travel the world! Whether your flights are booked or you'll only be traveling in your mind, *Venice: A Color-Your-Own Travel Journal* takes you on an interactive, colorful tour of the city.

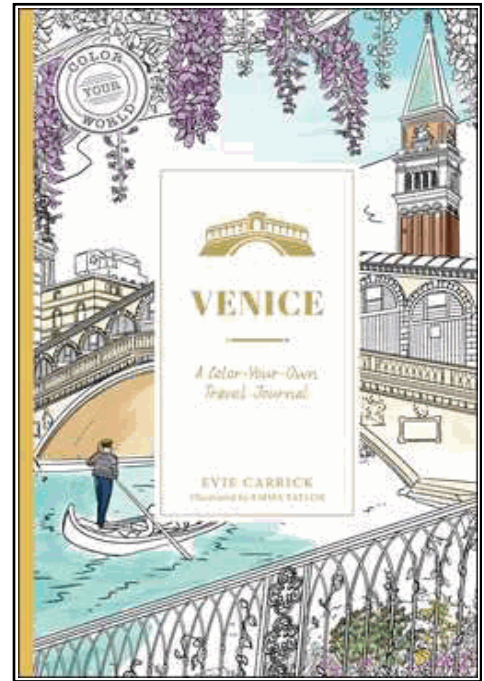
This travel journal features 30 sites within the city to discover—from bucket list-worthy must-sees like St. Mark's Square and the Bridge of Sighs to the freshest fish and produce at Rialto Market and, of course, the stunning, labyrinthine canals. Learn about each landmark with fascinating histories, fun facts, and travel tips. Accompanying journal pages allow space to record, plan, or imagine a dream vacation. Plus, all 30 landmarks feature beautifully rendered coloring pages to shade in while taking in the sites.

*Venice: A Color-Your-Own Travel Journal* is a perfect, portable airplane take-along or gift for those dreaming of exploring Italy's famous "Floating City."

## AUTHOR BIO

Evie Carrick is a freelance writer and editor with a passion for travel, food, and adventure. She has lived in or explored over fifty countries and writes regularly for *Travel + Leisure*, *VICE*, *BuzzFeed*, *Outside*, *SKI*, and *Insider*. A graduate of the University of Denver with a BA in journalism and marketing, Carrick also attended the NYU Summer Publishing Institute. She has worked as an editor for both print and online media, as well as a developmental editor for book publishers. She splits her time between Ridgway, Colorado, and Paris, France.

Emma Taylor is a New York-based illustrator with a passion for exploring new places and cultures—and finding the best cup of espresso in every city. Since 2018 she has teamed up with various authors to help bring their stories to life visually through illustration. She has a BFA from the Hartford Art School and has dreams of one day continuing her studies and earning her MFA.



## HARDCOVER

**On Sale: 11/19/24**

**Adams Media**

**9781507223130**

Games & Activities

First Print: 60,000

6 x 9, 128 pages

Carton quantity: 24

\$16.99 (US) / \$22.99 (CAN)

## AUTHOR HOMETOWN

Evie Carrick - Ridgway, CO

# Boston

A Color-Your-Own Travel Journal

Evie Carrick; Illustrated by Emma Taylor

## BOOK DESCRIPTION

Color your way around the world as this travel-journal-meets-coloring-book guides you through the streets of Boston, featuring 30 expertly curated sites to learn about, color, and record whether you're already there, planning a trip, or dreaming about your next adventure.

Grab your colored pencils—and get ready to travel the world! Whether your flights are booked or you'll only be traveling in your mind, *Boston: A Color-Your-Own Travel Journal* takes you on an interactive, colorful tour of the city.

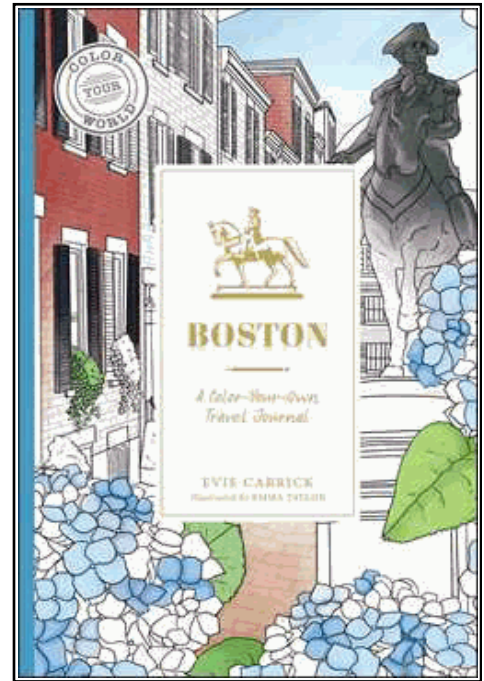
This travel journal features 30 sites within the city to discover—from bucket list-worthy must-sees like Faneuil Hall and Fenway Park to historical gems along the Freedom Trail and charming neighborhoods like Beacon Hill and Harvard Square. Learn about each landmark with fascinating histories, fun facts, and travel tips. Accompanying journal pages allow space to record, plan, or imagine a dream vacation. Plus, all 30 landmarks feature beautifully rendered coloring pages to shade in while taking in the sites.

*Boston: A Color-Your-Own Travel Journal* is a perfect, portable airplane take-along or gift for those dreaming of exploring historic "Beantown."

## AUTHOR BIO

Evie Carrick is a freelance writer and editor with a passion for travel, food, and adventure. She has lived in or explored over fifty countries and writes regularly for *Travel + Leisure*, *VICE*, *BuzzFeed*, *Outside*, *SKI*, and *Insider*. A graduate of the University of Denver with a BA in journalism and marketing, Carrick also attended the NYU Summer Publishing Institute. She has worked as an editor for both print and online media, as well as a developmental editor for book publishers. She splits her time between Ridgway, Colorado, and Paris, France.

Emma Taylor is a New York-based illustrator with a passion for exploring new places and cultures—and finding the best cup of espresso in every city. Since 2018 she has teamed up with various authors to help bring their stories to life visually through illustration. She has a BFA from the Hartford Art School and has dreams of one day continuing her studies and earning her MFA.



## HARDCOVER

On Sale: 11/19/24

Adams Media

9781507223147

Games & Activities

First Print: 60,000

6 x 9, 128 pages

Carton quantity: 24

\$16.99 (US) / \$22.99 (CAN)

## AUTHOR HOMETOWN

Evie Carrick - Ridgway, CO

# The Creepy Cute Love Coloring Book

30 Sickly Sweet Coloring Pages That You'll Love to Color!

Illustrated by Gaynor Carradice

## BOOK DESCRIPTION

Let's get adorably lovesick and twisted with this coloring book that delivers goth valentines all year round with cute zombie cupids, coffins covered in hearts, sweet treats with fangs, and more.

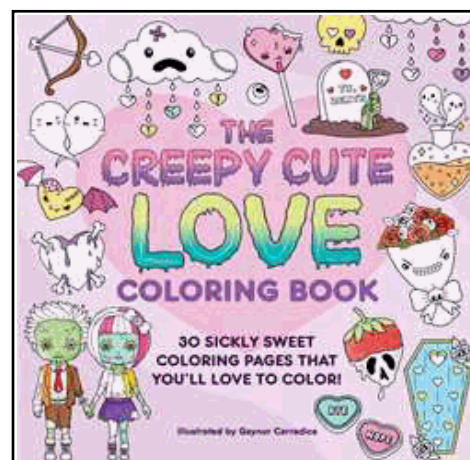
Creepy, cute love is in the air...and breaking down the boundaries between sinister and sweet to create an adorably abhorrent collection of coloring pages. It's hard to break up with this mixed-up combination of disturbing and darling. Watch as it transforms the saccharinely sweet staples of roses and chocolates and cherubs into the fun goth foils that'll spread a slightly darker kind of love.

From the coffins covered in hearts to cupcakes with fangs, each of the 30 coloring pages contain a wide assortment of images that aren't quite scary but certainly aren't sweet. It's the perfect way to spread some love with a spooky twist.

It's creepy and it's cute and it's fun to color. What's not to love?

## AUTHOR BIO

Gaynor Carradice is a graphic designer and the creator of *The Creepy Cute Goth Coloring Book* and *The Creepy Cute Love Coloring Book*.



## PAPERBACK

**On Sale: 12/31/24**

**Adams Media**

**9781507222850**

Games & Activities

First Print: 75,000

10 x 10, 64 pages

Carton quantity: 24

\$14.99 (US) / \$19.99 (CAN)

## AUTHOR HOMETOWN

Gaynor Carradice / Blackburn,  
Lancashire / United Kingdom

# The Everything Kids' Football Book, 8th Edition

All-Time Greats, Legendary Teams, and Today's Favorite Players—with Tips on Playing Like a Pro

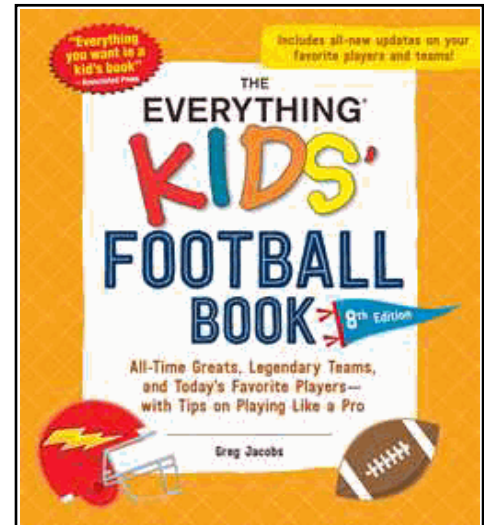
**Greg Jacobs**

## BOOK DESCRIPTION

Packed with fan favorite games and puzzles, inspirational player profiles, and instructions on how to play the game, *The Everything Kids' Football Book* is returning for a new season with updated stats and an all-new section on flag football.

Everything kids need to know about America's favorite sport is in this updated edition of *The Everything Kids' Football Book, 8th Edition*, including expanded information on flag football.

In *The Everything Kids' Football Book, 8th Edition*, young fans will find dozens of interactive puzzles and games and discover current stats for all of their favorite players and teams. This book introduces football fans of all ages to the various positions they can play, teaches them the rules and history of the game, and gives them tips and tricks to develop their skills. From the first Pop Warner fame to the latest Super Bowl, this book is sure to be a touchdown for both kids and parents.



## AUTHOR BIO

Greg Jacobs is the author of the past eight editions of *The Everything® Kids' Baseball Book*. Jacobs has worked as a reporter/statistician for STATS, LLC, and is the play-by-play voice for the Woodberry Forest School baseball team. He has been umpiring since 2007 and has coached baseball teams at several levels.

## PAPERBACK

**On Sale: 09/03/24**

**Adams Media**

**9781507222881**

Juvenile Nonfiction

First Print: 35,000

8 x 9 1/4, 144 pages

Carton quantity: 32

\$10.99 (US) / \$14.99 (CAN)

## AUTHOR HOMETOWN

Greg Jacobs / Woodberry Forest /  
Virginia

## OTHER FORMATS

eBook: 9781507222898, \$8.99

# The Ultimate Guide to Dollywood

Your Guide to the Best Rides, Restaurants, and Attractions at Dollywood

Erin K. Browne

## BOOK DESCRIPTION

A must-have for Dolly Parton fans everywhere, this unofficial guide features 100 of the must-try restaurants, iconic rides and attractions, and important landmarks at Dollywood and its sister parks.

Dollywood is a unique and incredible theme park that's best known for its amusement park thrills, traditional Smoky Mountain inspiration, and, of course, insight into namesake and owner Dolly Parton. There's a lot to see and do—and it can be easy to miss out on all Dollywood and its nearby sister parks have to offer. *The Ultimate Guide to Dollywood* is your one-stop shop for all things Dollywood! You'll get insider advice on everything from the food to the rides and learn all the best tips and tricks to make the most of your visit.

-Want to try the world's fastest roller coaster? The Lightning Rod is not only the *fastest*...it's also the first wood launch coaster.

-Looking for an attraction that will really excite the biggest Dolly Parton fans? Check out Dolly's \$750,000 tour bus that was her "home" for fifteen years of touring, parked right in the Adventures in Imagination section of Dollywood.

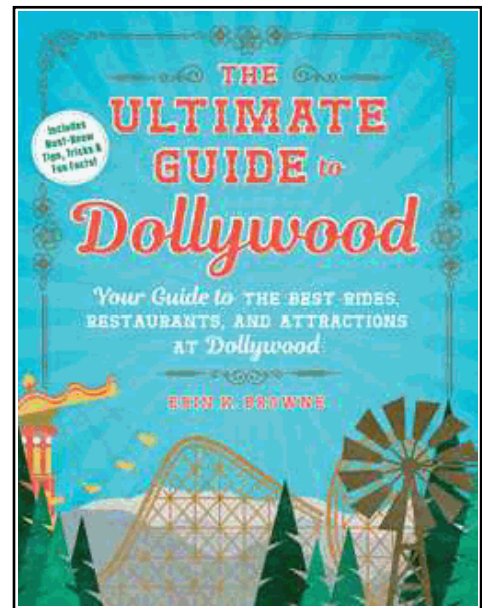
-Are you a history buff? The Dollywood Express, which takes visitors on a five-mile ride through the Great Smoky Mountains, actually played a key role in America's war effort during World War II.

-Searching for the inside scoop on all things Dollywood? Check out Red's Drive-In, where you'll be able to impress fellow visitors with the fun fact that this restaurant was named after Red's Café, where six-year-old Dolly ate her first hamburger.

Whether you're a longtime Dolly Parton fan looking to learn something new about the iconic musician or planning to make the most of your first trip to Dollywood, this book is the perfect companion.

## AUTHOR BIO

Erin K. Browne is the blogger and photographer behind *Brownie Bites*, where she shares approachable, easy recipes that are as fun to make as they are to eat. She especially loves pop culture and fandom-inspired recipes, with Dollywood being a major source of such inspiration as the park is just a short drive from her home. Outside of the kitchen, Erin enjoys reading in a cozy chair, hiking in the mountains, and exploring the country in her family's RV. She currently lives in Knoxville, Tennessee, with her husband, Matt, her two children, Jasper and Shelby, her goofball corgi, Dewey, and the sweetest kitty who ever lived, Ham. Learn more at [BrownieBites.net](http://BrownieBites.net).



## PAPERBACK

On Sale: 09/17/24

Adams Media

9781507222225

Travel

First Print: 60,000

6 x 8, 240 pages

Carton quantity: 40

\$17.99 (US) / \$24.99 (CAN)

## AUTHOR HOMETOWN

Erin K.

Browne/Knoxville/Tennessee

## OTHER FORMATS

eAudio: 9781797182513, \$24.99

eBook: 9781507222232, \$11.99



# The Unofficial Disney Parks Holidays Cookbook

From Red Velvet Whoopie Pies to Christmas Wreath Doughnuts, 100 Magical Dishes Inspired by Disney's Holiday Celebrations and Events

**Ashley Craft**

## BOOK DESCRIPTION

The magic of the holidays meets the magic of Disney right in your very own kitchen with these 100 recipes inspired by Walt Disney World and Disneyland's hottest holiday celebrations, festivals, and special events all year long.

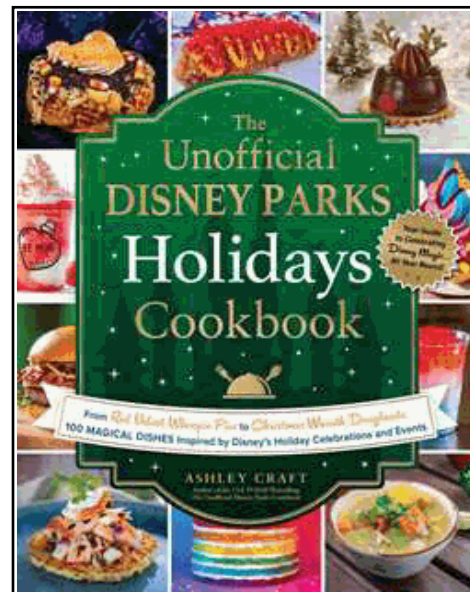
Bring the magic of Disney's holiday celebrations straight to your kitchen with *The Unofficial Disney Parks Holidays Cookbook!* From festivals and holidays to other special events throughout the year, this book features 100 recipes for the best food items Disney's annual celebrations have to offer. You'll learn to make:

- Valentine Swirl Dole Whip from The Tropical Hideaway for Valentine's Day
- Frozen Apple Cider from ABC Commissary at Halloween
- The Patriots Platter at Liberty Tree Tavern for a classic Thanksgiving meal
- The Lock Shock and Barrel Sundae from Auntie Gravity's at Christmas
- And much more!

Perfect for everyone from Disney experts who miss those familiar flavors in between trips to fans who have never visited the Parks but still have Mickey's Very Merry Christmas Party on their bucket list, *The Unofficial Disney Parks Holidays Cookbook* has all the recipes you need to make a celebratory dish worthy of the Mouse himself.

## AUTHOR BIO

As a child who grew up in Anaheim, California, Ashley Craft could recite the Star Tours ride by heart, navigate the Park without a map, and fell asleep to the sound of Disneyland fireworks each night in her bedroom. After two internships at Walt Disney World and many, many more visits to the Disney Parks, Ashley is now one of the leading experts of Disneyland and Walt Disney World. Her popular blog, *Ashley Crafted*, is best known for featuring recipes inspired by Disney Park foods to help people recreate that Disney magic right in their own kitchens. Today, Ashley lives with her husband, Danny, and three kids, Elliot, Hazel, and Clifford (and kittens Figaro and Strider), but she still makes time to visit the Mouse. Follow her on Instagram @UnofficialTasteTester.



## HARDCOVER

**On Sale: 09/03/24**

**Adams Media  
9781507220337**

Cooking  
First Print: 75,000  
7 x 9 1/8, 240 pages  
Carton quantity: 24  
\$22.99 (US) / \$32 (CAN)

## AUTHOR HOMETOWN

Ashley Craft/Ham Lake/Minnesota

## OTHER FORMATS

eBook: 9781507220344, \$11.99

# The Unofficial Elf Cookbook

From Buddy the Elf's Breakfast Spaghetti to the "World's Best Cup of Coffee," Tasty Treats Inspired by a Holiday Classic

**Bryton Taylor**

## BOOK DESCRIPTION

**Time to get your fill of the four main food groups—candy, candy canes, candy corn, and syrup—with these 75 sweet recipes inspired by the beloved holiday film *Elf*.**

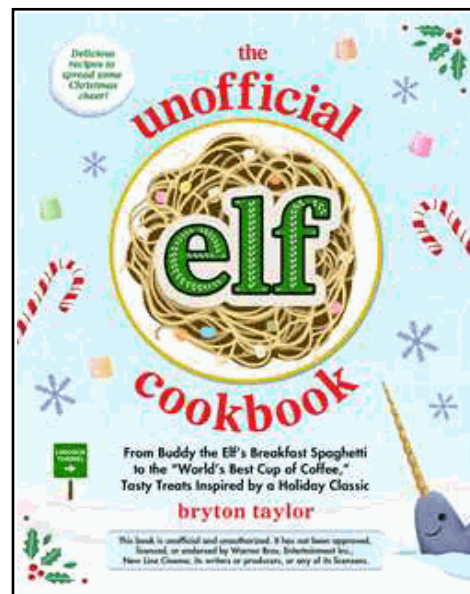
Buddy the Elf, what's your favorite...snack food? Whether you're preparing for a long journey to meet long lost family or trying to impress that special someone with the world's best cup of coffee, *The Unofficial Elf Cookbook* is here to keep your hunger at bay. From appetizers and main dishes to refreshing drinks and holiday-worthy desserts, this book features 75 delicious recipes inspired by the holiday classic *Elf*. Try recipes like:

- Narwhal Cheese Balls: This tasty, crowd-pleasing treat is inspired by an adorable character—who can resist?
- “It's Not Free Candy” Gum: DIY your own edible version with the help of some taffy
- Cotton Balls: These cotton candy snacks will have you acting just like Buddy at the doctor's office
- And much more!

Perfect for nostalgic *Elf* fans looking to recreate that Christmas cheer or families that are sharing the movie together for the very first time, *The Unofficial Elf Cookbook* has all the recipes you need to make a Buddy the Elf-approved meal!

## AUTHOR BIO

Bryton Taylor is the creator of *In Literature*, a food blog where she makes authentic recipes inspired by your favorite novels. Best known for her YouTube videos, you'll find Bryt whipping up exquisite sweet treats like Turkish Delight from Narnia inspired by *The Lion, The Witch, and The Wardrobe* or concocting delicious magical potions that transport you to Wonderland. Whether you're inviting friends over for a movie night or planning your next party, Bryt helps you recreate food items just as they'd appear in your favorite books and movie spin-offs to make an unforgettable experience for lasting memories.



## HARDCOVER

**On Sale: 10/22/24**

**Adams Media  
9781507222553**

Cooking  
First Print: 75,000  
7 x 9 1/8, 160 pages  
Carton quantity: 24  
\$21.99 (US) / \$29.99 (CAN)

## AUTHOR HOMETOWN

Bryton Taylor/Dalkeith/Western  
Australia

## OTHER FORMATS

eBook: 9781507222560, \$10.99

# The "I Don't Want to Cook" Book: Dinners Done in One Pot

100 Low-Prep, No-Mess Recipes for Your Skillet, Sheet Pan, Pressure Cooker, and More!

**Alyssa Brantley**

## BOOK DESCRIPTION

Make those "I just don't feel like cooking" days easier than ever with this cookbook that features 100 quick and easy one pot recipes with minimal prep, limited equipment, and as little clean up as possible—while still getting a healthy dinner on the table.

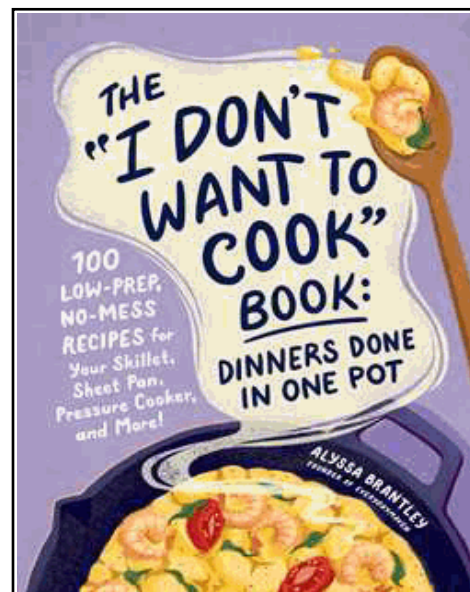
For those days when you *really* don't want to cook (and when you want to clean the kitchen after dinner even less!), *The "I Don't Want to Cook" Book: Dinners Done in One Pot* is here to help. Whether you're feeling tired after a long day, can't be bothered with an extra trip to the grocery store, or can't stand the thought of making an entire home-cooked meal only to have a sink full of dishes to deal with after, this book will become your go-to for making dinner a breeze.

Featuring 100 delicious recipes, this cookbook is your guide to the quickest and easiest recipes. Each recipe uses only one single piece of cookware—whether that's a pot, skillet pan, or Dutch oven, every ingredient is cooked in the same place. Not only does that keep your cook time to a minimum, it also means you'll spend less time cleaning up afterward.

Shake off those "I don't want to cook" feelings and get cooking with this guide to quick, easy, and no-mess meals.

## AUTHOR BIO

Alyssa Brantley's cooking philosophy is whole food, half the time. Just because you're busy, it doesn't mean you shouldn't eat great! The creator of the popular food blog *Everyday Maven*, Alyssa focuses on seasonal, whole-food recipes that are packed with flavor but made in minutes with easy shortcuts. Her work has been featured in *Real Simple*, *Today*, *Self Magazine*, *HuffPost*, *Gourmet Magazine*, *Prevention*, and many more. Alyssa lives with her family in Seattle.



## HARDCOVER

**On Sale: 10/15/24**

**Adams Media**

**9781507222577**

Cooking

First Print: 50,000

7 x 9 1/8, 224 pages

Carton quantity: 24

\$18.99 (US) / \$25.99 (CAN)

## AUTHOR HOMETOWN

Alyssa Brantley / Seattle /

Washington

## OTHER FORMATS

eBook: 9781507222584, \$10.99

# Bubbly Cocktail Cards A–Z

The Ultimate Champagne & Prosecco Drink Recipe Dictionary Deck  
Adams Media

## BOOK DESCRIPTION

Navigate through the alphabet effortlessly and become the brunchtime hero and sparkling star of your soirées with this easy-to-follow recipe card deck.

Elevate your celebrations with the *Bubbly Cocktail Cards A–Z*—an effervescent journey through 75 delightful and bubbly concoctions. This comprehensive deck is your passport to mastering the art of crafting sparkling wine-based cocktails, ensuring that every sip is a toast to sophistication.

Pop a bottle and pick a card with this fun way to select this evening's—or morning's—drink of choice. From classics to contemporary delights, *Bubbly Cocktail Cards A–Z* brings the world of effervescent mixology to your fingertips. Indulge in recipes such as:

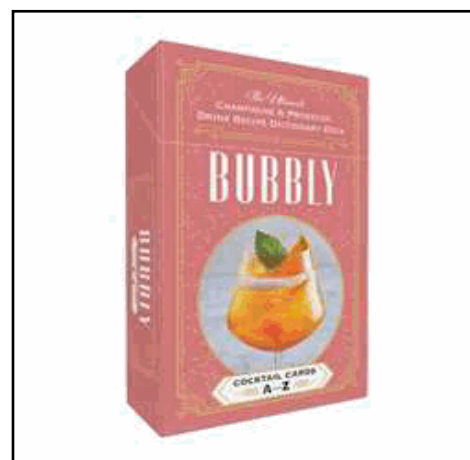
- Rhubarb Strawberry Rossini
- Cranberry Holiday Bubbly
- Classic Bellini
- Berry-Lemonade Sparking Sangria
- And more!

Whether you're commemorating milestones or simply adding a touch of sparkle to your day, this cocktail card deck promises a bubbly adventure for everyone. Cheers to the joy of sparkling wine mixology!

## AUTHOR BIO

Adams Media, an imprint of Simon & Schuster, informs, instructs, and inspires readers across a variety of lifestyle categories by providing the content they're looking for, from the experts they follow and trust. From New Age to Personal Finance, Cooking to Self-Help, Adams Media researches, identifies, creates, and distributes accessible content with implicit discoverability.

Embodying a uniquely flexible “ground-up” publishing model, Adams Media navigates within or between consumer categories as market opportunity dictates. These are the books people are searching for.



## FLASHCARDS

**On Sale: 10/08/24**

**Adams Media**

**9781507222928**

Cooking

First Print: 30,000

4 x 6, 80 pages

Carton quantity: 30

\$16.99 (US) / \$22.99 (CAN)

## AUTHOR HOMETOWN

Adams Media / Stoughton /  
Massachusetts

# Gin Cocktail Cards A–Z

The Ultimate Drink Recipe Dictionary Deck  
Adams Media

## BOOK DESCRIPTION

Drink your way through the alphabet with this easy-to-navigate alphabetical guide to gin cocktails, including 75 recipes as well as a bartending basics booklet that teaches you which glass to use, how to mix, and so much more.

Whether you're sipping a G&T in the summer or a juniper-forward drink during the holidays, gin is the star of each cocktail in this fun and functional cocktail deck that celebrates the botanical buzz of gin you'll be able to enjoy all year round.

Each recipe card features a full color photo to show what your drink will look like in the end. Cocktails include:

- Ramos Gin Fizz
- Gin Daisy
- Blackberry Kiwi Collins
- French 75
- Negroni
- And more!

Work your way through all 75 cocktails with this fun—and functional cocktail card deck!

## AUTHOR BIO

Adams Media, an imprint of Simon & Schuster, informs, instructs, and inspires readers across a variety of lifestyle categories by providing the content they're looking for, from the experts they follow and trust. From New Age to Personal Finance, Cooking to Self-Help, Adams Media researches, identifies, creates, and distributes accessible content with implicit discoverability.

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## FLASHCARDS

**On Sale: 10/08/24**

**Adams Media**

**9781507222935**

Cooking

First Print: 30,000

4 x 6, 80 pages

Carton quantity: 30

\$16.99 (US) / \$22.99 (CAN)

## AUTHOR HOMETOWN

Adams Media / Stoughton /  
Massachusetts